

## Behavior-based safety

### Introduction:

Ninety-four percent of accidents are caused by unsafe work behaviors. Changing employee behaviors will decrease accidents and injuries.

Behavior Based Safety is a proactive approach that measures and coaches safe work practices. Safety is about people helping other people on the job.

This includes talking to each other about safe behaviors or risky behaviors you see first hand. Doing so shows active care and concern for yourself, your co-worker and the company you are working for.

### Making observations:

You can impact safety by getting involved, working together and addressing critical behaviors such as:

- Lifting methods
- Personal protective equipment use
- Methods used to access elevated work areas
- Work speed or hurry
- Driving practices
- Work methods and work layout
- Housekeeping

### Safe procedures:

- Have care and concern for yourself, co-workers, and your company.
- Observe what is going on around you as you go about your work.
- Commend co-workers when you see a safe work practice. For example, “Your eye protection looks good.”
- Coach your co-worker when you see they are at risk of injury. Ask his or her permission to share what you see. For example, “If I see something that could cause you to be injured, would you want to know about it?” Use words that are positive and supportive. If there is a barrier, talk about the best way to address it.

### Conclusion:

Promoting safe behaviors will help prevent injuries. Do your best to be observant of others’ behaviors and to make positive recommendations.